






CHECK OUT THESE FUN EVENTS ALL MONTH LONG!



OCTOBER
2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
 SPORT YOUR K LOGO ON YOUR CAR AND YOU MIGHT GET A PRIZE!				FREE GUEST DAY!		
5	6	7	8	9	10	11
	ZUMBA WITH JENNIFER & SARA 6:15PM	Morning Snacks <small>IN THE LOBBY</small> <small>9AM-11:30AM</small>			ALL MAT TONING WITH KRISTI 10AM	
12	13	14	15	16	17	18
			FREE GUEST DAY! Food & Drinks <small>IN THE LOBBY</small> <small>5PM-7PM</small>			PLUMPKIN BOOTY (30) WITH KATIE 9:45AM
19	20	21	22	23	24	25
BOOTY & CORE WITH ASHLEY 11:15AM	PURPLE & ORANGE AQUA WITH STAR 10AM	 FREE GUEST DAY! Vendor Fair <small>IN THE LOBBY</small> <small>4PM-6PM</small> Taco Truck <small>4pm-6pm</small>				
26	27	28	29	30	31	
			Senior Day <small>SEE FLYER FOR</small> <small>DETAILS!</small>	 SILVER CYCLE HALLOWEEN COSTUME CONTEST WITH BARBARA 11AM	PRIMETIME HALLOWEEN WITH SHERYL 12PM	

PASO ROBLES KENNEDY CLUB FITNESS

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**PASO ROBLES
KENNEDY CLUB FITNESS**

Thursday, October 2 - Free Guest Day!

Monday, October 6th - Hip Hop Zumba with Sarah & Jennifer at 6:15pm

Tuesday, October 7th - Morning Snacks in the Lobby 9-11:30am

Friday, October 10th - All Mat Toning with Kristi at 10am

Wednesday, October 15th - Free Guest Day, and Food & Drinks in the Lobby 5-7pm

Saturday, October 18th - Plumpkin Booty with Katie at 9:45am

Sunday, October 19th - Booty & Core with Ashley at 11:15am

Monday, October 20th - Purple & Orange Aqua with Star at 10am

Tuesday, October 21st - Free Guest Day, and Vendor Fair in the Lobby 4-6pm

Wednesday, October 29th - Free Senior Day

Thursday, October 30th - Silver Cycle Halloween Costume Contest with Barbara at 11am

Friday, October 31st - PrimeTime Halloween with Sheryl at 12pm

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